



Anti-Doping Policy

Anti-Doping Policy Surrey Football Club (“Club”) has adopted the official Anti-Doping Policy of the Canadian Soccer Association (“CSA”). The CSA advises all registered athletes under their policy of the following:

While the Canadian Centre for Ethics in Sport (“CCES”) administers anti-doping for the Canadian sport community, you may also be subject to the rules of your international federation. Learn more about FIFA’s anti-doping policies and procedures.

The CCES recommends that athletes take the following actions to ensure they don’t commit an inadvertent antidoping rule violation:

- Know your rights and responsibilities as an athlete with regard to anti-doping.
- Always comply with a testing request if you are notified for doping control.
- Check all medications and products before taking them to ensure they do not contain ingredients that are banned.
- Verify your medical exemption requirements. • Do not take supplements, but if you do, take steps to minimize your risk.
- Get the latest news. Sign up to receive CCES media releases and advisory notes.

Additional resources and information

- The CCES AthleteZone is a hub of resources and information for athletes and their support personnel.
- The Global DRO provides athletes and support personnel with information about the prohibited status of specific substances based on the current WADA Prohibited List.
- Physicians and medical personnel are encouraged to use the CCES DocZone for targeted medical information.
- Read more about the Canadian Anti-Doping Program.
- The World Anti-Doping Agency works towards a vision of a world where all athletes compete in a doping-free sporting environment.
- The CCES is a proud and active member of the True Sport Movement - a movement that is based on the simple idea that good sport can make a great difference.

For additional resources and more about anti-doping, please contact the CCES

Email: info@cces.ca

Call toll-free: 1-800-672-7775

Online: www.cces.ca/athletezone

A list of banned substances can be obtained from www.cces.ca.